



~Leisure Lines~

Winter - Spring 2026

A New Beginning

Dear Do-It Leisure Family,

After several years of change - from navigating the challenges of COVID-19 to moving locations and finally finding our new home, I am thrilled to share some exciting news: **Do-It Leisure is back!**

This marks our first newsletter in five years, and I couldn't be happier to reconnect with all of you. We've missed the energy, friendships, and community that make Do-It Leisure so special. Now that we're settled into our new office, we're ready to bring back the fun, laughter, and opportunities to explore together.

We have so many exciting things in the works - dances, activities, trips, and special events - all designed to bring people together, make new memories, and welcome new faces into our community.

I'm also very happy to announce that Laura Sorroche has joined us as the new Do-It Leisure Coordinator! Laura will be heading up all these wonderful activities and helping us bring even more creativity and connection to the program.

Thank you for your continued support and patience during our transition. I can't wait to see everyone again and share this new chapter with you.

Andrea Moriarty
Director of Community Services

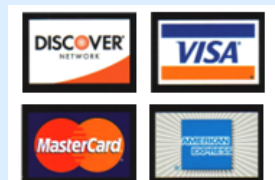
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Our Information

460 W. East Avenue, Ste. 110
Chico, CA 95926
(530) 343-6055
www.wtcinc.org

Do-It Leisure accepts credit cards for all in office/phone purchases & payments!



What's New with Do-It Leisure!



PROMOTING HEALTH & WELLNESS

Join us as we explore fun, social ways to support health and well-being. From gentle fitness and yoga to healthy snacks, mindfulness, and outdoor activities, there's truly something for everyone. Our goal is to make wellness easy and enjoyable—helping each person build confidence, make friends, and develop healthy habits that last. Come move, laugh, and learn with us as we take small steps toward a healthier, happier lifestyle together!

Do-It Leisure's Group Social Recreation (GSR) Program

Our Group Social Recreation Program invites adults with developmental disabilities to explore new adventures, build friendships, and enjoy the best of our community—all while having fun. Participants are matched with peers who share their interests and supported by our enthusiastic DSPs to plan and enjoy outings like live sporting events, local music, biking, Farmer's Markets, going to health clubs, playing Bingo, movies, out-of-town excursions, and much, much more!

And, if you are already in our group social recreation program, as an added bonus, you'll automatically become a Do-It Leisure member so you get discounts on all upcoming activities and events!

To join the program, a referral from your FNRC Service Coordinator is required, or you can call us directly at (530)924-2340 for more information.



Laura Sorroche Community Program Coordinator

Originally from Spain, Laura holds a degree in Political Science and Human Rights and brings a compassionate background working with children with autism. She shares her life with her husband and her adorable dog, Rio, and in her free time loves reading, traveling, and discovering new places.

Laura is passionate about creating inclusive, meaningful experiences and is excited to be part of the Work Training Center family. She truly loves the work she does and the people she serves.

DO-IT LEISURE MEMBERSHIPS

Do you love Do-It Leisure dances, workshops, out-of-town excursions, and special events? If so, a Do-It Leisure membership can help you enjoy them all at a discounted price!

With a membership, you could save anywhere from \$5 - \$125, depending on the activity or excursion. You can also upgrade your membership and get a Do-It Leisure T-Shirt as well!

Membership - \$40.00

Membership + T-Shirt - \$50

For more information, please contact us at (530)343-6055 or info@ewtc.org



SIGN UP AND INFORMATION

We will begin taking signups on JANUARY 12th between the hours of 9:00 am to 4:00 pm. If you can't call that day, please call back the next day.

Signups will be accepted on a first-come, first-served basis, and participants may enroll in as many activities as they wish.

For additional information call our Do It Leisure number at 530-343-6055.

CANCELATION POLICY

- Receive a FULL REFUND for canceling at least 7 days prior to the event AND you are replaced.
- Receive a PARTIAL REFUND for canceling at least 7 days prior to the event AND you cannot be replaced.
- NO REFUND will be issued if you cancel less than 7 days prior to the event and cannot be replaced. *Medical Exceptions with a Dr.'s note will be reviewed on a case by case basis for PARTIAL REFUND.*
- You may not give your spot to someone else or make substitutions. All new names will be placed on the waiting list like all other participants.
- If you are signed up and have not paid, and then DO NOT SHOW, you are still responsible for the FULL amount of the event.

WHAT WE PROVIDE

- Supervision based on an average ratio of one staff to three to five participants.
- Assistance with budgeting spending money.
- Assistance with dispensing medication, if needed.
- Lodging, meals, gratuities and equipment rentals unless otherwise indicated.
- An extra support person to assist those with special needs may be required depending on the activity.

PARTICIPATION POLICY

- Must be 18 years old or older.
- Be able to take care for all personal needs, such as self-medication and self-toileting.
- Not dangerous to others or self.
- With extra assistance we may make exceptions to the guidelines on a case-by-case basis.

SIGNUP TIPS

- Mark your calendar with the activity dates you want to sign-up for.
- Have someone remind you to call.
- Use the redial function on your phone and keep trying!
- Put your name on the waiting list - we sometimes have cancellations.



JANUARY 2026

Explore what's ahead in our upcoming events calendar, and join us for learning, making friends, and lots of FUN along the way!



Accessibility Rating System

MOK - Mobility is OK. Little or no mobility issues (all locations are accessible).

MAR - Moderate Assistance Required. An attendant is advised and may be required for those sensitive to busy/crowded situations, loud noises, walking or standing for long periods of time, or needing frequent rest stops.

MXD - Mobility and/or Wheelchair Accessibility Extremely Difficult; not advised due to uneven terrain, limited access, or non-existent access.

Upcoming Events & Programs Calendar:

Soap Making Workshop

Mix, pour, and sparkle! Create whimsical, fragrant soaps in a playful hands-on class. Perfect for anyone who loves a little everyday magic. Lunch included!

- **Location:** Chico
- Saturday, Jan. 24th.
- 11:00am, to 1:00pm
- **Cost:** Members: \$20 / Non-Members: \$28
- **Mobility:** MOK



Bingo Night

Grab your daubers and lucky charms. Bingo night brings laughs, cheers, friendly competition, and surprising wins with every number called!

- **Location:** Chico.
- Friday, January 30th
- 6:00pm to 8:00pm.
- **Cost:** Members: \$10 / Non-Members: \$12
- **Mobility:** MOK

Do-It leisure Group Social Recreation clients get the membership discount!

FEBRUARY 2026

Board Game Tournament

Fun, games, teamwork, laughter, and friendly competition. Everyone plays, everyone belongs, everyone celebrates victories big and small together!

- **Location:** Chico
- Friday, February 6th
- 6pm to 8pm
- **Cost:** Members: \$10 / Non-Members: \$12
- **Mobility:** MOK



Valentine's Dance

Love, laughter, music, and dancing fill the room. Celebrate friendship, joy, and sweet moments together at our Valentine's Dance!

- **Location:** Chico
- Friday, February 13th
- 6pm to 9m.
- **Cost:** \$10 presale / \$15 at the door.
- **Mobility:** MOK

Health and Wellness Workshop

Relax, recharge, and learn simple ways to feel your best. Health, wellness, smiles, and self-care made fun together!

- **Location:** Chico
- Saturday, February 27th
- 11:00am, to 1:00pm
- **Cost:** FREE
- **Mobility:** MOK



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MARCH 2026

Yoga Class and Coffee

Stretch, breathe, and unwind, then sip coffee, chat, and smile together after a feel-good yoga class for everyone!

- **Location:** Chico
- Saturday, March 7th
- 10:00am to 12:00pm
- **Cost:** \$5 without the yoga mat / \$20 and keep your new yoga mat.
- **Mobility:** MOK



Movie and Popcorn

Lights dim, popcorn pops, laughter flows. Sit back, relax, and enjoy a cozy movie together! (Movie to be determined as we get closer to the date)

- **Location:** Chico
- Friday, March 13th
- 6:00pm to 8:00pm.
- **Cost:** Members: \$10 / Non-members: \$12
- **Mobility:** MOK

Legally Blond

Join us for a fabulously fun outing to Legally Blonde: The Musical! Enjoy catchy songs, big laughs, and an empowering story.

- **Location:** Chico
- Saturday, March 21st.
- 2:00pm to 4:00pm
- **Cost:** Member \$45 / Non-Member: \$55
- **Mobility:** MOK



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APRIL 2026

Trivia Night

Big questions, silly guesses, team laughs, surprise genius moments. Trivia night proves everyone knows something, even accidentally, together tonight for fun!

- **Location:** Chico
- Friday, April 10th
- 6:00pm to 8:00pm.
- **Cost:** Members: \$10 / Non-Members: \$12
- **Mobility:** MOK



Wild Flower Season

It's Wildflower Season! The fields are bursting with colors, buzzing with life, and oh-so-pretty. Let's enjoy nature's cheerful blooms!

- **Location:** Table Mountain
- Saturday, April 18th
- 9:00am to 12:00pm
- **Cost:** Members \$10 / Non-Member \$15 (Cost is for transportation to / from location & snacks)
- **Mobility:** MAR

Kool April Nites

Cruise with us to Kool April Nites in Redding! Enjoy strolling past classic cars, checking out vendors, and grabbing tasty treats from food booths at this iconic car show. Lunch included

- **Location:** Redding
- Saturday, April 25th
- Time: from 10am to 5pm
- **Cost:** Member \$55 / Non-Member \$65
- **Mobility:** MAR



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MAY 2026

Yoga Class and Coffee

Stretch, breathe, and unwind, then sip coffee, chat, and smile together after a feel-good yoga class for everyone!

- **Location:** Chico
- Saturday, May 9th
- 10:00am to 12:00am
- **Cost:** \$5 without the yoga mat
\$20 and keep your new yoga mat.
- **Mobility:** MOK



TURTLE BAY
EXPLORATION PARK™
Human. Nature.

Turtle Bay Exploration Park

Enjoy scenic paths, beautiful gardens, engaging exhibits, and plenty of time to relax, learn, and have fun together in nature. Lunch included

- **Location:** Redding
- Saturday, May 16th
- 10:00am to 5:00pm
- **Cost:** Member: \$60 / Non-Member: \$70
- **Mobility:** MOK

Health and Wellness Workshop

Relax, recharge, and learn simple ways to feel your best. Health, wellness, smiles, and self-care made fun together!

- **Location:** Chico
- Saturday, May 23th
- 11:00am, to 1:00pm
- **Cost:** FREE
- **Mobility:** MOK



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